

## Preschool Summer Lunch

Week A and Week B will rotate throughout the camp program

The Below menu will commence on June 14<sup>th</sup> and run through August 31<sup>st</sup>

Week A	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Morning Snack	Fruit- Cinnamon buns	Fruit – cereal	Fruit- pancakes	Fruit – Yogurt	Fruit – breakfast bars
Lunch	Turkey/Salami Sandwiches Potato chips Seasonal Fruit Celery Milk or juice	Chicken Nuggets French Fries Seasonal Fruit Broccoli Milk or juice	Bagels & Cream cheese Goldfish Seasonal Fruit Cucumbers Milk or juice	Mac & cheese Buttered bread Seasonal Fruit Carrots Milk-Juice	Hotdogs Pirate Booty Seasonal Fruit Edamame Beans Milk or Juice
Afternoon Snack	Fruit-muffins	Fruit-Graham Crackers	Fruit-Cheese/Ritz	Fruit-pretzels	Fruit- Chex Mix
Week B	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Morning Snack	Fruit- Cinnamon buns	Fruit- cereal	Fruit-pancakes	Fruit – Yogurt	Fruit- breakfast bars
Lunch	Grab and Go Yogurt Cheese Stick Seasonal Fruit Pretzels Graham Crackers	Spaghetti with meatballs Buttered Bread Seasonal Fruit Red Pepper slices Milk or juice	Ham/Cheese Croissants Tator Tots Seasonal Fruit Cucumbers Milk or Juice	Cheese Quesadillas Tortilla Chips Seasonal Fruit Peas Milk or juice	Cheese nachos Seasonal fruit Corn in a cup Vanilla Wafers  Milk or juice
Afternoon Snack	Fruit- muffins	Fruit-Graham Crackers	Fruit-Cheese /Ritz	Fruit-muffins	Fruit-Chex Mix