

## Summer Schoolage Lunch Menu

We will rotate through A and B the entire 9 weeks

Starting on June 14<sup>th</sup> with Week A

| Week A          | <u>Monday</u>                                                                            | <u>Tuesday</u>                                                                     | <u>Wednesday</u>                                                                       | <u>Thursday</u>                                                                 | <u>Friday</u>                                                                     |
|-----------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| Morning Snack   | Fruit- cinnamon buns                                                                     | Fruit – cereal                                                                     | Fruit- pancakes                                                                        | Fruit – Yogurt                                                                  | Fruit – breakfast bars                                                            |
| Lunch           | Turkey or Salami Sandwiches<br>Potato chips<br>Seasonal Fruit<br>Celery<br>Milk or juice | Pizza Cracker Stackers<br>Cheez Its<br>Seasonal Fruit<br>Broccoli<br>Milk or juice | Bagels and Cream Cheese<br>Goldfish<br>Seasonal Fruit<br>Cucumbers<br>Milk or juice    | Bean/Cheese Burritos<br>Corn Chips<br>Seasonal Fruit<br>Carrots<br>Milk-Juice   | Hotdogs<br>Pirate booty<br>Seasonal Fruit<br>Edamame Beans<br>Milk or Juice       |
| Afternoon Snack | Fruit- Muffins                                                                           | Fruit-Graham Crackers                                                              | Fruit-Cheese/Ritz                                                                      | Fruit-pretzels                                                                  | Fruit- popcorn                                                                    |
| Week B          | <u>Monday</u>                                                                            | <u>Tuesday</u>                                                                     | <u>Wednesday</u>                                                                       | <u>Thursday</u>                                                                 | <u>Friday</u>                                                                     |
| Morning Snack   | Fruit-Cinnamon buns                                                                      | Fruit- cereal                                                                      | Fruit-pancakes                                                                         | Fruit – Yogurt                                                                  | Fruit- breakfast bars                                                             |
| Lunch           | Grab and Go<br>Yogurt<br>Cheese Stick<br>Seasonal Fruit<br>Pretzels<br>Graham Crackers   | Pizza Slice<br>Chex Mix<br>Seasonal Fruit<br>Red Pepper Slices<br>Milk or juice    | Ham/Cheese Croissants<br>Veggie Sticks<br>Seasonal Fruit<br>Cucumbers<br>Milk or Juice | Cheese Quesadillas<br>Tortilla chips<br>Seasonal Fruit<br>Peas<br>Milk or juice | Cheese Nachos<br>Seasonal Fruit<br>Cup of corn<br>Vanilla Wafers<br>Milk or juice |
| Afternoon Snack | Fruit- Muffins                                                                           | Fruit-Graham Crackers                                                              | Fruit-Cheese /Ritz                                                                     | Fruit-pretzels                                                                  | Fruit-Popcorn                                                                     |